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# PREVALENCE OF THE GENERALIZED PERIODONTITIS IN PATIENTS WITH DIFFERENT GROUPS BLOOD IN DEPENDING ON AGE AND PERIODONTAL BIOTYPE

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#### ABSTRACT

The aim of the study was to investigate the prevalence of generalized periodontitis depending on age and biotype of periodontium.

**Materials and methods**: We examined 855 males aged 20-55 years, who were divided into 2 groups: the main group – 570 surveyed with a generalized periodontitis, the comparison group – 285 dental healthy individuals. The diagnosis of generalized periodontitis was established by the classification Danilevsky M.F. (1994) and refined by using paraclinical indices. The periodontal biotype was determined using Hu-Friedy Colourvue Biotype Probe.

**Results:** As a result of the conducted researches was establish, in the carriers of blood group 0 (I) and A (II), developed forms of generalized periodontitis were found, on average, 2.7 times more often than the initial forms of the disease. Instead, at the representatives of B (III) and AB (IV) groups blood the frequency of initial GP – I degree was on average, 1.2 times greater than the prevalence of developed forms of generalized periodontitis. Also as a result of our researches, we found that the cluster A1 had 39.30% patients, cluster A2 was found at 28, 77%, and cluster B – 31.93% of the total number of patients with generalized periodontitis.

**Conclusions:** As a result of our research, it was found that in the carriers of the blood group O (I) and A (II), more advanced forms of generalized periodontitis were observed, which was confirmed by the presence of the biotype of the periodontal disease in the cluster A1 and A2.

KEY WORDS: generalized periodontitis, blood group, periodontal biotype

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### INTRODUCTION

Epidemiological studies show a steadily high prevalence of periodontal disease already at young people [1,2]. According to most authors, the most common form of periodontal pathology in adolescents and children have gingivitis [3,4]. But with age, single frequency more severe lesions (periodontitis) and the number of teeth removed significantly increased [5]. When exploring out numerous papers on the leading role of local factors in the development of diseases of periodontal tissues, it can be noted their contradiction and the increasing need to use to explain some of the provisions role of endogenous factors [6]. In the study of pathogenetic mechanisms of development of inflammatory diseases of the periodontal, many hypotheses were formed, the main ones of which it is possible to consider immunological, neurogenic, vascular [7,8,9].

One drawback in the study of periodontal disease is the fact that many researchers trying to explain the apear of the pathological process pointing out only one reason[10,11]. However, in solving the problems of pathogenesis and diagnosis of periodontal diseases, it is necessary to agree with the point of view on the need for a systematic approach, the content of which is to ensure that each component of the body's biosystem is not interpreted as an independent formation [12].

#### THE AIM

Investigate prevalence generalized periodontitis in patients with different group affiliation blood depending on age and biotype of periodontium.

## MATERIALS AND METHODS

The study was conducted in clinics in the city of Ternopil and Ternopil regional blood transfusion station in 2014 -2016 years. We examined 855 males aged 20-55 years, who were divided into 2 groups. The main group consisted of 570 surveyed with a generalized periodontitis I- III severity who applied for periodontal help to our clinic. In the comparison group included 285 dental healthy individuals. Patients in both groups of the study were somatically healthy, which was confirmed by the absence of complaints, physical examination data and corroborated lack of non-communicable and infectious diseases, according to outpatients cards. The diagnosis of generalized periodontitis was established by the classification Danilevsky M.F. (1994) and refined by using paraclinical indices [13,14]. The periodontal biotype was determined using Hu-Friedy Colourvue Biotype Probe [15]. The obtained results were processed statistically using the software packages "Statgraphics" and "Statistica 6.0".

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						Age groups					
Blood groups	Degree GP	20–24		25–29		30–34		35–44		45–55	
		abs.	%	abs.	%	abs.	%	abs.	%	abs.	%
O (I)	GP I	21	43,75±7,16	15	31,25±6,69	12	25,00±6,25	_	_	_	_
	GP II	4	6,35±3,07	7	11,11±3,96	13	20,63±5,09°	18	28,58±5,69°,*	21	33,33±5,93°°,**
	GP III	_	_	4	5,47±2,66	11	15,07±4,18	26	35,62±5,60**	32	43,84±5,80**
	GP I	18	37,50±6,98	17	35,42±6,90	13	27,08±6,41	_	_	_	_
A (II)	GP II	3	4,62±2,60	9	13,85±4,28	15	23,07±5,22°°	16	24,61±5,34°°	22	33,85±5,87°°,*
	GP III	_	_	10	17,86±5,11▲	13	23,21±5,64	16	28,58±6,04	17	30,35±6,14
B (III)	GP I	25	38,46±6,03	15	23,07±5,22	16	24,62±5,34	9	13,85±4,28°°	_	_
	GP II	_	_	5	15,63±6,41	6	18,75±6,89	14	43,75±8,76	7	21,88±7,30*
	GP III	_	_	_	_	4	17,39±7,90	13	56,52±10,33	6	26,09±9,15
	GP I	23	43,40±6,80	11	20,75±5,70°	10	18,87±5,37°	9	16,98±5,15°°	_	_
AB (IV)	GP II	_	_	4	14,28±6,61	6	21,43±7,75	10	35,71±9,08	8	28,58±2,53
	GP III	_	_	_	_	6	37,50±12,10	6	37,50±12,10	4	25,00±10,82

Table 1. Prevalence of generalized periodontitis in patients with a different blood group affiliation depending on age.

Notes: 1.  $^{\circ}$  p <0.05;  $^{\circ\circ}$  p <0.01 – a reliable difference in values with respect to data in patients 20-24 years old.

2. \*p1<0,05; \*\*p1<0,01 — a reliable difference in values with respect to data in patients 25-29 years old.

3.  $\blacksquare$  p2<0,01 – a reliable difference in values with respect to data in patients 30-34 years old.

4.  $\triangle$  p3<0,05 – a reliable difference in values with respect to data in patients with 0 (I) blood group.

# **RESULTS AND DISCUSSION**

According to the clinical examination in the 570 patients with generalized periodontitis (GP) with a different blood group affiliation, found that regardless of blood type, was reduced prevalence of early forms of GP (table 1). In patients with a blood group O (I) prevalence initial – I severity degree decreased from  $43,75 \pm 7,16\%$  of 20-24 aged till to  $25,00 \pm 6,25\%$  in patients aged 30-34 years was examined, p>0,05, p<sub>1</sub>>0,05. and in carriers A(II) blood – from 37,50  $\pm$  6,98% in the younger age group to 27,08  $\pm$  6,41% in the age range 30-34, p> 0.05  $p_1$ > 0.05,  $p_3$ > 0.05. The attention was attracted that in people with O(I) and A(II) blood groups aged 35-55 years initial generalized periodontitis - I severity degree are not diagnosed. In the patients with a blood group B(III) incidence of early forms of GP in the 20-24 year amounted to  $38,46 \pm 6,03\%$ , p<sub>2</sub>> 0.05 and significantly decreased to  $13,85 \pm 4,28\%$ , p<0,01, p<sub>2</sub>>0,05, in the patients aged 35-44. In individuals with blood group AB(IV) prevalence GP initial – I severity degree in age intervals 20-24 years was significantly higher for the data in all age groups (p,  $p_1 < 0.05$ ; p2 < 0.01). It should be noted that the carriers blood group B(III) and AB(IV) aged 45-55 years the original form of generalized periodontitis not diagnosed.

The prevalence of GP II degree of severity with age increased in all study groups, regardless of the blood group's [16,17].

Thus, in patients with O(I) blood group, aged 20-24 years, prevalence GP II degree severity was  $6,35 \pm 3,07\%$  and gradually increasing, reached  $20,63 \pm 5,09\%$  at age 30 -34 years p <0,05 and 28,58 ± 5,69% at the 35-44 aged patients p, p<sub>1</sub><0,05. In this case, the maximum incidence of GP II degree severity was found in the group examine

aged 45-55 years – 33,85 ± 5,87%, p,p<sub>1</sub><0.01. In patients with A(II) blood group prevalence GP II degree severity increased from 4,62 ± 2,60% of 20-24 year examined to 23,07 ± 5,22% in the age range 30-34 years, p <0,01 and up to 24,61 ± 5,34% of aged group 35-44, p <0,01. The highest prevalence of the GP II degree severity was installed in the 45-55 aged group of patients – 33,85±5,87%, p<0,01,  $p_1$ <0,05 [18,19,20].

Attracted attention that the carriers B(III) and AB(IV) blood group with GP II degree severity in the younger age group (20-24 years) was not detected. At the age of 25-29 years, the prevalence of GP II degree severity was 15,63  $\pm$  6,41% of representatives blood group B (III) and 14,28  $\pm$  6,61% in patients with blood group AB(IV). The maximum spread GP II degree severity was in carriers B(III) and AB(IV) blood group was the age group 35-44 years – 43,75  $\pm$  8,76% and 35,71  $\pm$  9,08% respectively p<sub>1</sub>> 0,05. In the 45-55 year old patient, representatives of B(III) and AB(IV) blood groups, the prevalence of GP II degree severity decreased and amounted to 21,88  $\pm$  7,30%, p<sub>1</sub> <0,05 and 28,58  $\pm$  8 53%, respectively.

Prevalence GP III degree severity in the study group was of the same trend that characterized its increase depending on age. However, this nosological unit not diagnosed at the age of 20-24 years in carriers of O(I) and A(II) blood groups and the representatives of B(III) and AB(IV) blood groups in the age range 20-29 years.

In people with O (I) blood group the frequency of detection of GP of the III degree of severity increased from  $5.47 \pm 2.66\%$  at the age of 25-29 years to  $35.62 \pm 5.60\%$  in 35-44 year-olds,  $p_2 < 0$ , 01, reaching the maximum values in the age group 45-55 years –  $43.84 \pm 5.80\%$ ,  $p_1 < 0.01$ .

	Generalized periodontitis (n=570)								
Periodontal biotype	(r	O (I) n=184)	A (II) (n=169)		B (III) (n=120)		AB (IV) (n=97)		
	abs.	%	abs.	%	abs.	%	abs.	%	
Cluster A1-Thin S	81	44,02± ±3,64	78	46,15± ±3,83	32	26,67± ±4,04°	24	24,74± ±4,38°	
Cluster A2-TS	53	28,80± ±3,38	47	27,81± ±3,45	40	33,33± ±4,30	33	34,02± ±4,81	
Cluster B-TF	50	27,18± ±3,28	44	26,04± ±3,38	48	40,00± ±4,47°°	40	41,24± ±4,99°°	

Table 2. Var	iations of perio	dontal biotypes	depending fro	m blood groups ir	n patients with genera	lized periodontiti
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Notes: °p<0,01;

 $^{\circ\circ}$ p<0,05 — reliably difference the data values in patients with GP with blood group O (I).

Attention was attracted to the fact that in the carriers group blood A (II) the prevalence of the GP of the III degree of severity increased with age: from  $17,86 \pm 5,11\%$  in the examine 25-29 years old to  $30,35 \pm 6,14\%$  in people aged 45-55 years, in the absence of statistical reliability in all age groups of the study ( $p_1, p_2 > 0.05$ ). In the representatives of B (III) and AB (IV), the blood groups of the GP of the III degree of gravity began to appear at the age of 30-34 years: in 17,39  $\pm$  7,90% and 37,50  $\pm$  12,10%, respectively. In the age group of 35-44 years old in patients with B (III), the blood group noted the maximum frequency of detection of this nosological unit:  $56.52 \pm 10.33\%$  of the subjects with a decrease to  $26.09 \pm 9.15\%$  examined at the age of 45-55 years old,  $p_2 < 0.05$ . Attention was attracted to the fact that in the blood carriers AV (IV) the prevalence of the GP of the III degree of severity at the age of 35-44 years was equal to the data of 30-34 year-old inspected (37,50  $\pm$  12,10%,  $p_2 > 0.05$ ) and decreased to  $25.00 \pm 10.82$  % of the patients in the age group 45-50 years.

Thus, as a result of the conducted researches, a significant dominance of the initial forms of generalized periodontitis has been established in young people with the prevalence of its developed forms in older age groups, regardless of the group membership of the blood. At the same time, in the carriers of blood group O (I) and A (II) blood groups, developed forms of generalized periodontitis were found, on average, 2.7 times more often (p <0,05) than the initial forms of the disease. Instead, at the representatives of B (III) and AB (IV) blood groups the frequency of initial GP – I degree was, on average, 1.2 times greater than the prevalence of developed forms of generalized periodontitis, p> 0.05.

According to literature data variant of the anatomy of the periodontal tissues can, with a high degree of probability, can predict option development and severity of periodontal pathological processes. Therefore, the first step was to determine the biotype of periodont in patients with GP with different blood groups.

As a result of our research, we established that the cluster A1 (thin – scalloped gingival biotype, ThinS) had 39.30% (224 patients), cluster A2 (thick – scalloped gingival biotype, TS) were found in 28.77% (164 inspected) and

cluster B (thick – flat gingival biotype,TF) – 31.93% (182 people) of the total number of patients with generalized periodontitis (570 patients).

According to table 2, it was found that in patients with a GP of the O (I) blood group the cluster A1-Thin S was found in  $44.02 \pm 3.64\%$  of the examined ones, which was comparable with the data in patients with GP, carriers A (II) blood groups  $(46,15 \pm 3,83\%, p > 0,05)$ . At the same time, in patients with generalized periodontitis with B (III) and AB (IV) in the blood group, the periodontal A1 biotype was found reliably less  $(26.67 \pm 4.04\% \text{ and } 24.74 \pm 4.38\%, p < 0.01, respectively)$ . The average periodontal biotype (A2-TS) in the O (I) blood group was detected in  $28,80 \pm 3,38\%$  of the examined ones, which did not differ from the data of the remaining groups of patients examined, patients with GP (p > 0,05). At the same time, it was noted that in the patients with generalized periodontitis with B (III) and AB (IV) blood group, the cluster B-TF was determined reliably more often (40,00  $\pm$  4,47% and 41,24  $\pm$ 4,99 %, p <0.05, respectively) than in patients with GP from O (I) and A (II) in blood groups (27,18  $\pm$  3,28% and 26,04  $\pm$ 3,38%, respectively).

Thus, as a result of the conducted researches, a significant dominance of the initial forms of generalized periodontitis has been established in young people with the prevalence of its developed forms in older age groups, regardless of the group membership of the blood. But attention was attracted that in carriers O (I) and A (II) blood groups, the prevalence of GP initial – I severity was significantly lower, and the frequency of detection of II-III severity GP was higher relative to the corresponding data in patients with B (III) and AB (IV) blood groups [20,21,22].

The obtained data about periodontal biotypes allow us to conclude that the carriers of O (I) and A (II) blood groups, suffering for GP was observed morphological inclination to the emergence and intensification of inflammatory and dystrophic changes in periodontium, due to the prevalence of gingiva biotypes of the cluster A1 and A2. At the same time, the carriers of B (III) and AB (IV) blood groups, with GP, determined the opposite tendency according to the cluster B-TF wich have a protective factor of predisposition to the inflammatory diseases of periodontal tissues [23,24].

# CONCLUSIONS

This study clarifies and complements the data on the incidence of generalized lesions of periodontal tissues in people of all ages, depending on the blood group by a system AB0. Monitoring of the cluster affiliation of periodontal biotype can serve as an early marker for the diagnosis of periodontal tissue diseases, will allow for the correction and optimization of therapeutic measures for this contingent of patients.

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### **Conflict of interest:**

The Authors declare no conflict of interest

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