ORIGINAL ARTICLE PRACA ORYGINALNA

PECULIARITIES OF THE EFFECTS OF BILE ACIDS ON ATPASE ACTIVITY OF THE COLON MUCOSA IN PATIENTS WITH OVERWEIGHT AND IRRITABLE BOWEL SYNDROME

DOI: 10.36740/WLek202003133

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ABSTRACT

The aim is to investigate the effect of bile acids on the ATPase activity of the colon mucosa in patients with overweight and irritable bowel syndrome (IBS).

Materials and methods: Completely examined 12 patients with IBS and overweight. We estimated the ATPase activity of colon mucous of the patients with IBSspectrophotometrically by determined the content of orthophosphate that was released after ATP hydrolysis. We studied the effect of 3-sulphate of taurolitocholate (TLC-S) on specific activities of Na⁺/ K⁺-ATPase, Ca²⁺-ATPase of endoplasmatic reticulum (EPR), Ca²⁺-ATPase of plasmatic membrane (PM) and basal Mg²⁺-ATPase of postmitochondrial subcellular fraction of colon mucous of the patients with IBS.

Results: We established the specific activities of Na⁺/K⁺-ATPase, Ca²⁺-ATPase of EPR, Ca²⁺-ATPase of PM and basal Mg²⁺-ATPase. Therewere(6.06 ± 1.61), (5.88 ± 1.19), (8.86 ± 1.56) (6.44 ± 2.02)µmol Pi/ mg protein per hour, respectively. TLC-S (50μ M) did not caused any change of Na⁺/K⁺-ATPase, as well as Ca²⁺-ATPasesactivities, but statistically significant increased activity of Mg²⁺-ATPase of postmitochondrial subcellular fraction of colon mucous of the patients with IBS by 4 fold.

Conclusions: TLC-S increased basal Mg²⁺-ATPase in the postmitochondrial fraction of colon mucous of the patients with overweight and IBS, but had no effect on Na⁺/K⁺-ATPase and Ca²⁺-ATPases activities. It has been suggested that activation of basal Mg²⁺-ATPase under by TLC-S may indicates the role of the endo-lysosomal system of epitheliocytes of colon mucous in developing of pathology IBS.

KEY WORDS: irritable bowel syndrome, overweight, ATPase, bile acids

Wiad Lek. 2020;73(3):574-577

INTRODUCTION

Increased food intake and a reduction in energy expenditure are responsible for the increase in excess body weight and subsequent obesity. Today, according to the World Health Organization, over one billion people are overweight on the planet. In Ukraine, approximately one third of the population has excess body weight [1]. Obesity is the cause of various somatic diseases, in particular, the gastrointestinal tract, including gastroduodenitis with nausea and functional vomiting and irritable bowel syndrome (IBS), which is most often associated with restrictive eating behavior. According to various authors, the combination of obesity with dyskinesias of the colon with constipation, diverticular disease, colon polyposis was diagnosed, respectively, at 36,28; 28.0 and 10.0% of patients. Other researchers have found that in obese individuals an association with functional constipation occurred in 24.0% of cases, and obesity was observed in 60.0% of patients with constipation [2].

Obesity also develops against a backdrop of stress, serving as an indicator of psycho-emotional maladaptation and overcoming difficult life situations that are inhibited by excessive eating. In addition, excess body weight can act as a factor that prevents pleasure from life, and the latter phenomenon can be a factor that affects eating disorders, which in turn can contribute to the appearance of constipation, abdominal pain, changes in the sensitivity of serotonin receptors of the intestinal wall [2].

Obesity and a high body mass index have been shown to be significant risk factors for the development of IBS, in addition to insufficient amount of fiber in the diet, stress, inflammation, genetic predisposition [3]. Today, IBS is one of the most common diseases of the gastrointestinal tract, and obesity is an urgent problem of endocrinology [4]. IBS according to Rome Criteria IV is defined as a chronic functional bowel disorder characterized by recurrent abdominal pain, which occurs and continues at least once a week for the last three months, associated with bowel movements, changes in frequency and consistency of the stool [5].

An important factor in improving the diagnosis of IBS is to take into account the pathogenetic factors of the disease. In recent decades, perceptions of the pathogenesis of IBS have changed significantly. Previously, IBS was considered exclusively as a psychosomatic disease, and in almost all patients it was associated with the influence of psycho-emotional factors, but today the multifactorial development of IBS is obvious. Food allergies, stress, intestinal infections, hereditary predisposition, malabsorption, and disorders of bile acid metabolism are the major triggers for the development of IBS [6]. Bile acids are amphipathic, detergent molecules synthesized by the liver that facilitate the absorption of lipids and fat soluble vitamins in the small intestine. Lithocholic and deoxycholic acids are the main bile acids present in the colon and feces. Henodeoxycholic and deoxycholic acids are known secretory bile acids. Increased excretion of feces and changes in the proportion of various bile acids in the feces characterize malabsorption of bile acids, which leads to diarrhea or IBS with diarrhea, which are associated with increased secretion of water and mucus in the colon, motility of the colon and membrane permeability. Bile malabsorption is known in 10–33% of patients with IBS with diarrhea or functional diarrhea [7].

However, the mechanisms of the link between metabolic regulation of bile acids and the pathogenesis of IBS remain unclear. Thus, studies that help identify specific pathogenetic mechanisms for the development of IBS are relevant.

THE AIM

The aim is to investigate the effect of bile acids on the ATPase activity of the colon mucosa in patients with overweight and irritable bowel syndrome.

MATERIALS AND METHODS

All procedures with patient were performed in accordance with the informed consent of the patient "International Convention for Working with Animals" under approval of the Bioethics Committee of DanyloHalytskyLviv National Medical University, protocol No2, 15/02, 2016.

Complex examination of 12 patients with IBS and excess body weight (mean age – $32,7 \pm 1,5$ years). The diagnosis of IBS was established according to Rome criteria IV [5] in the presence of recurrent abdominal pain, which was observed at least 1 day per week for the last 3 months and when there were two or more of the following symptoms: abdominal pain associated with bowel movements, pain accompanied by changing the frequency of stools or form of feces. For diagnosisof inflammatory bowel pathology, CITO TEST Calprotectin-Lactoferrin (Pharmasco) was performed. Wepayed attention to the absence of symptoms of anxiety: fever, impurities of blood in the stool, intestinal disorders, weight loss for a short period of time, anemia, leukocytosis, acceleration of erythrocyte sedimentation rate. All patients performed measurements of height and body weight. Body mass index was calculated by the Kattle formula. According to the obtained indicators, we established the presence of excess body weight.

Isolation of subcellular postmitochondrial fraction of the patients' colon mucous. Tissue samples were collected from patients colon during colonoscopy. Fresh samples were washed by medium A (mM): sucrose – 250, ethylene glycol tetraacetic acid (EGTA) – 1, HEPES – 10; KH_2PO_4 – 1; pH 7.2. Then these samples were homogenized with glass-glass homogenizer at 300 rev/min for 10 min at 0-2 °C.

The homogenate was centrifuged for 10 min at 3.000 g using Jouan MR 1812 centrifuge (Jouan, France) to precipitate nuclei, large cells fragments, and undestroyed cells while mitochondria remained in the supernatant 1. Next centrifugation of this supernatant 1 carried out for 10 min at 8.500 g (0–2°C). After mitochondria sedimentation, supernatant 2 was used for while ATPase activity assay. To prove a membranes presence in the post-mitochondrial fraction it was sediment for 20 min at 15.000 g.

Assay of ATPase activity. ATPase activity was determined according to the content of orthophosphate that was released after ATP hydrolysis [8,9]. At the beginning of the experiment 200 µlof post-mitochondrial subcellular fraction of patients' colon mucous was transferred to a standard incubation medium containing (mM) NaCI – 50.0; KCI – 100.0; Tris-HCI – 20.0; MgCI₂ – 3.0; $CaCI_2 - 0.01$; pH 7.4 at 37 °C. The reaction was started by adding3 mMATP(Sigma, USA). Samples were incubated for 15 minat 37 °C withmoderateshakingin a water bath. Before theend ofincubation0.4ml of mediumwas takenfor the determination of protein content by Lowry [10]. Reactionwas stopped byadding 5ml of 10% trichloroaceticacid to samples and incubating themfor 30 minfollowed by 10 min centrifugationat 1600 g. Supernatant obtainedwas usedto determine thecontentofinorganic phosphorusby the spectrophotometric method of Fiske-Subbarow[11]. We used TLC-S(Sigma, USA) at concentration 50 µmol/L for estimating their effect on ATPase activity.

Calculation of ATPase activity. The total ATPase activity of post-mitochondrial fraction of colon mucous was calculated by the difference of inorganic phosphorus in the medias with different composition (supplemented with TLC-S - "experiment" or not supplemented - "control") expressed as micromoles of inorganic phosphorus equivalent to 1 mg of protein per 1 h. Specific Na⁺/K⁺-ATPase activity was calculated as difference of inorganic phosphorus content in medium with or without ouabain (1 mM). For thedetermination ofCa²⁺/Mg²⁺-ATPase activity,the differencebetween the totalCa²⁺/Mg²⁺-andNa⁺/K⁺-ATPaseactivity was quantified. Thapsigargin was used to calculate SERCA contribution into the total Ca²⁺/Mg²⁺-ATPase activity. Specific basal Mg²⁺-ATPaseactivitywas determinedin incubationmediumthatcontained1 mMEGTA and lackedouabain. In allexperiments, incubation mediumwas as a controlforthe enzymaticATP hydrolysis.

Data analysis. The significance of differences between experimental groups was calculated using Wilcoxon-Mann-Whitney, when a data distributions were not normal. P \leq 0.05 was considered to be statistically significant.

RESULTS

It was found that Na^+/K^+ -ATPase activity of subcellular fraction of colon mucous ranged from 2.32 to 15.76 and averaged (6.06 ± 1.61) µmol Pi/ mg protein per hour. TLC-S caused ranging of Na^+/K^+ -ATPase activity from 0.74 to 13.99 and averaged (7.62 ± 1.64) µmol Pi/ mg protein per hour. Therefore, no statistically significant changes were found by

bile acid on the activity of *Na*⁺/*K*⁺-*ATPase* of the subcellular fraction of the colon mucous of patients with IBS.

We observed that the Ca²⁺-ATPase activity of EPR was ranging from 0.28 to 14.14. It was equal in average $(5.88 \pm 1.19) \mu mol Pi/mg$ protein per hour. TLC-S adding to the incubation medium resulted in fluctuations its activity from 0.23 to 10.89 and averaged $(6.51 \pm 1.20) \mu mol Pi/mg$ protein per hour. It was found that Ca²⁺-ATPase activity of PM in control ranged from 4.84 to 15.34 and averaged (8.86 ± 1.56) $\mu mol Pi/mg$ protein per hour. When TLC-S was added to the incubation medium, the activity rates of this pump ranged from 0.61 to 10.49 and averaged (6.16 ± 1.34) $\mu mol Pi/mg$ protein per hour.

We found that basal Mg²⁺-ATPase activity in postmitochondrial subcellular fractions of colon mucous of the patients with IBS ranged from 0.42 to 9.24, which averaged (6.44 ± 2.02) µmol Pi/ mg protein per hour. Addition of TLC-S to the incubation medium resulted in fluctuations in the activity of basal Mg²⁺-ATPase activity in the range from 5.16 to 32.6 and averaged (23.19 ± 5.22) µmol Pi/ mg protein per hour.

DISCUSSION

Influence of TLC-S on Na⁺/K⁺-ATPase activity in postmitochondrial subcellular fraction of colon mucous of the patients with IBS. As Na^+/K^+ -ATPase plays an important role in electrolyte, water and nutrient transport across the intestinal epithelia, it is expected that the any changes in Na^+/K^+ -AT-Pase activity may have a major impact in intestinal function, namely absorption and secretion. It was shown that activities of Na^+/K^+ -ATPase was increased in children with toddler diarrhea, but Na⁺/K⁺-ATPase activity was reduced in the jejuna mucosa of patients with active celiac disease [12]. So the role of activities of Na⁺/K⁺-ATPasein IBS pathology still unknown. It is consider that perturbed bile acid metabolism plays a causal role in IBS [13]. It is possible to suppose that TLC-S might effect on activity of Na⁺/K⁺-ATPase in postmitochondrial subcellular fraction of colon mucous of the patients with IBS. But we did not found the effect of TLC-S on the activity of Na⁺/K⁺-ATPase of the subcellular fraction of the mucous membrane of the colon in patients with IBS. Our results are agreed with Hafkenscheid, who found that "the taurine derivates TC, TCDC and TDC did not influence or even enhanced the Na^+/K^+ -ATPase activity "[14].

Influence of TLC-S on total Ca²⁺-ATPases activity in postmitochondrial subcellularfraction of colon mucous of the patients with IBS. The extracellular Ca²⁺ influx is balanced by Ca²⁺released from the cytosol by both plasma membranes and the internal Ca²⁺-ATPases. The total Ca²⁺ -ATPases activity of the subcellular fraction consists of EPR Ca²⁺-ATPase and plasma membrane (PM) Ca²⁺ pump EPR Ca²⁺ -ATPase play an essential role in the transport of Ca²⁺ to the EPR to replenish the calcium store, promote folding and protein maturation, lipid and steroid synthesis. It is known that TLC, as well as TLC-S, mobilizes Ca²⁺ from the intracellular pool. Thus, the main effect of TLC-S is associated with an increase in calcium cells and depletion of calcium stores. Therefore, TLC-S should affect the activity of Ca^{2+} -ATPases of the subcellular fraction of colon mucous too. But we did not observe the influence of TLC-S on Ca^{2+} -ATPase activity of the subcellular fraction of the colon mucous membrane of patients with IBS.

Influence of TLC-S on basal Mg²⁺-ATPase activity in postmitochondrial subcellular fractions of colon mucous of the patients with IBS. It should to note that activity of basal Mg²⁺-ATPase activity is coupled to H⁺-translocation in PM [15,16] as well as in endosomal fraction [17]. Also in hepatocytes Mg²⁺-ATPase activity is considered as markers of canalicularmemebrane [18]. Mg²⁺-activated ATPase of rat colon was studied in mucosa by J.Schreiner and coautors & Hafkenscheidin [14, 18] and in muscle loyer by Kaplia 2017 [19]. It was shown that all bile acids except cholic acid, taurocholic acid and chenodeoxycholic acid depressed the Mg²⁺-ATPase activity in rat colon mucosa [14].

We found a statistically significant increasing of the activity of basal Mg^{2+} -ATPase activity in subcellular fraction of colon mucous under the action of TLC-S compared with the control by 3.6 times. The obtained results by the effects of TLC-S are in full agreement with the previously observed the effect of TLC-S on the activity of basal Mg^{2+} -ATPase activity in the subcellular fraction of rat liver [20].

It has been suggested that activation of basal Mg²⁺-AT-Pase under the action of TLC-S may indicates to the role of the endo-lysosomal system, the so-called acid store of colon mucous of the patients in developing of pathology IBS.

CONCLUSIONS

TLC-S (50 μ M) increased basal Mg²⁺-ATPase in the postmitochondrial fraction of colon mucous of the patients with overweight and IBS, but had no effect on Na+/ K+-ATPase and total Ca²⁺-ATPases activity.

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Fragment of the research work: "Pathology of the respiratory, cardiovascular and digestive systems in patients with diabetes and obesity: features of pathogenesis, diagnosis and treatment". Nº: IH.09.0001.16

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Conflict of interest:

The Authors declare no conflict of interest.

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Received: 17.01.2020 Accepted: 05.03.2020

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D – Writing the article, E – Critical review, F – Final approval of the article