# **CANCER IN DIALYSIS PATIENTS**

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#### ABSTRACT

Cancer in dialysis patients is a common problem and is one of the most common reasons of mordibity and mortality in developed countries. An impaired renal function leads to the accumulation in the blood products of nitrogen transformation, which negatively affect organ function, especially the immune system. The Standardized Cancer Incidence is higher in patients with end-stage kidney failure than in the general population and reaches 1,18-1,42. The cancer risk is three times higher in dialysis patients over age 65 years and is more common among hemodialysis than peritoneal dialysis patients. The most common type of cancer occurring in this group of patients is urinary tract cancer which often develops on the basis of acquired cysts and in patients previously treated with cyclophosphamide. Nonetheless, patients with kidney problems are not regularly tested for these diseases and the only group that is screened for cancer are patients tested for kidney transplantation. Some problems in this topic are briefly presented in this article.

KEY WORDS: chronic kidney disease, malignancy, standardized cancer incidence, life expectancy

Wiad Lek. 2020;73(9 p. II):2068-2072

#### INTRODUCTION

Cancer is one of the most common reason of mordibity and mortality in developed countries, and Chronic Kidney Disease (CKD), which affects 5-15% of the population in these countries, appears to be an additional risk factor. An impaired renal function leads to the accumulation in the blood products of nitrogen transformation, which negatively affect organ function, especially the immune system and include both immunoactivation and immunosuppression disorders.

CKD also leads to the renin-angiotensin-aldosterone system (RAAS) activation [1,2] and endothelial disorders [3], what can increase the risk of cancer. The uremic toxins such as indoxyl sulfate and p-crezyl sulfate can additionally impair DNA repairing [4-6].

The abnormal immunoactivation is multifactorial, mainly affects monocytes, increased synthesis of proinflammatory cytokines such as interleukin 1 (IL-1), IL-6, tumor necrosis factor (TNF) and chemokines [7-8]. This immunoactivation is additionally stimulated by the increased gut permeability, intestinal dysbiosis [8-9], exogenous factors such as potential dialysis access contamination (catheters and not native fistulas) and dialysis membranes biocompatibility [10].

The immunosuppression relates to reduced function of T and B lymphocytes, which additional affects the accelerated body aging [7, 9, 11-12].

#### **EPIDEMIOLOGY**

The risk of cancer increases with the CKD progression and, it is estimated, to be the largest in the end-stage of the disease (endstage kidney disease – ESKD) [13-17]. We do not have standardized global statistics, data comes from different regions, in which there are additional risk factors for cancer development. Nevetheless, all data inform us of a generally higher risk of cancer in CKD patients, especially in the end-stage of the disease, resulting in an overall standardized cancer incidence (SIR) 1.18-1.42 [19] (regional differences: Australia SIR 1,35, Denmark SIR 1,6). The cancer risk is three times higher in dialysis patients over age 65 years and is more common among hemodialysis than peritoneal dialysis patients [20-21]. Some cancer – especially urinary tract – occur in dialysis patients much more often than others (below).

The additional risk factors in dialysis patients are: acquired renal cysts [22], prolonged analgesic abuse (acetaminophen and non-aspirin nonsteroidal antiinflammatory drugs: RR – *relative risk* – 1,28 i 1,25 respectively), prolonged oral cyclophosphamide (>36g), HBV, HCV and HPV infections (Table 1).

# THE MOST COMMON CANCERS IN CKD PATIENTS BEFORE DIALYSIS

Data on the incidence of cancer at particular CKD stages and their types are scarce and some studies describe conflicting data [25-32]. This is due to many factors, including the presence of nonspecific early symptoms, no clear recommendations for screening in this patient group or different age groups qualified for studies. The three largest studies on this topic from Sweden, USA and Korea [13,25-26] obtained the following results:

- 1. the highest risk of any cancer was found in patients with eGFR ≥105 ml/min [13, 25-26];
- 2. the highest risk of developing colorectal and lung cancers [13] were found in patients with eGFR ≥105 ml/min, which may, however, result from metho-dological errors (frequent cachexia in these patients overestimated eGFR);

DOI: 10.36740/WLek202009232

Table 1. Additional risk factors of cancer in dialysis patients

Risk factor	Type of cancer
Aquired renal cysts	RCC - renal cell carcinoma
Prolonged analgesic abuse	RCC
	Cancinoma of renal pelvis
	Cancinoma of the bladder
	Cancinoma of the ureter
Cyclophosphamide	Cancinoma of the bladder
HBV, HCV	HCC - hepatocellular carcinoma
HPV	Carcinoma of the cervix
	Carcinoma of the tongue

Table 2. SIR in hemodialysis patients general and for some specific sites (Europe, USA, Australia/New Zealand, Denmark, Taiwan Hong-Kong) [50].

Cancer	SIR (about) [33]	SIR (regional differences) [50]
Kidney	4,03	2,8-12,28
Bladder	1,57	1,5-1.57
Breast	1,42	0,8-1,65
non-Hodgkin lymphoma	1,37	0,6-1,7
Lung	1,28	0,9-1,5
Liver		1,2-2
Thyroid/other endocrine		1,9-5,9
Tongue		1,2-4,21
Cervix		2,5-4
Multiple myeloma		2,5-5,2
Colorectal	1,27	0,9-1,53
Prostate	1,06	0,27-1,2

- 3. the cancer risk is different at different CKD stages, however, in people with reduced GFR, is the highest in the end period and appears to increase as the disease progresses;
- 4. it has been shown to increase non-melanoma skin cancer, urinary tract, prostate, blood cancers with eGFR decrease; the risk of breast cancer in women has not increased;
- 5. the risk of developing any cancer was similar in both sexes and the highest between 40 a 49 years old [13];
- 6. the lowest risk of cancer is difficult to determine because, in the above-mentioned studies, conflicting data were obtained (eGFR 90-104 ml/min vs 60-89 ml/min vs 45-59 ml/min respectively).

### THE MOST COMMON CANCERS IN DIALYSIS PATIENTS

The risk of developing some cancers increases in the endstage CKD compared to the general population. This risk mainly concerns urinary tract cancers (kidney, bladder), liver, thyroid, cervix, tongue as well as multiple myeloma and non-Hodgkin lymphoma [18, 22].

Other cancers usually occur by population frequency (regional differences are described) [18-22] (Table 2).

## SURVIVAL OF PATIENTS WITH CANCER ON DIALYSIS

The 3-year survival of dialysis patients without cancer varies depending on the treatment method: the highest among live donor renal recipients and the lowest among hemodialysis patients (91% vs 57%) and is lower than in comparative population groups (98%). It is estimated that the survival of 50 -year- old hemodialysed man is 7.7 years and a man of a similar age in the general population - 27.7 years [33-34]. Even lower survival is recorded among dialysis patients without cancer - patients with cancer have a slightly higher mortality risk and the risk increases with the time of dialysis. One study showed the higher cancer risk in patients on dialysis for more than 3 years (9 vs 6,5/1000 patient-years) [35]. Despite the higher risk of death due to cancer, cardiovascular diseases are still the main cause of death in this patients group (about 50% vs 4%; 38 vs 7/1000 patient-years) [36-38].

# THE DIAGNOSTIC AND THERAPEUTIC PROBLEMS

As mentioned above, there are no harmonized recommendations for cancer screening in CKD patients although recommendations for early detection of cancer are routinely Table 3. Unreliable results of screening tests (NSE - neuron-specific enolase; SCC - squamous carcinoma cell antigen; CEA - carcinoembryonic antigen))

Tumor markers	Usefulness in diagnostics	
Fecal occult blood testing	High false-positive rate	
Mammography	High false-positive rate Higher rate of microcalcifications Higher rate of adenomas Higher rate of dense-breast tissue	
Tumor markers	<i>High false-positive rate</i> (Ca-125 especially in peritoneal dialysis patients NSE SCC CEA)	

used in the general population. The only recommendations in this topic were specified for patients qualified for kidney transplantation. In each case, starting diagnostics, especially in the early asymptomatic cases, it is necessary to answer the question what benefits the object gained from making the diagnosis and what treatment can be implemented considering the patient's age, general condition and comorbidities. Among the benefits we should definitely take into account the extension of life and improvement its quality. Taking into account the estimated survival of such a patient, the topic is still valid. The American Society of Nephrology (2012) recommend against routine cancer screening in dialysis patients, because of limited life expectancy [39]. The recommendations are based on population studies in which benefits of screening were only seen with an estimated minimum 10-years survival time (e.g. breast and colorectal cancers). Another problem in the CKD population, especially in dialysis patients, are unreliable screening tests results. This applies especially for tumor markers, which, in most cases, are macromolecules (3400 kD-5000 kD) ineffectively removed during hemodialysis [36-38] except AFP (alpha-fetoprotein) and PSA, whose specificity is high. The role of other antigens in cancer diagnosis is unclear in this patients group (Table 3) [40-45]. Nonetheless, it is wrong to routinely neglect or refuse cancer diagnosis in people with CKD when it is necessary to perform tests using contrast media. Each case requires a separate, precise discussion with the patient and make a joint decision.

A therapy is a separate problem. In patients with impaired renal function many adverse outcomes of surgical treatment of colorectal and lung cancers, e.g. the need for re-intubation, prolonged ventilation, higher rate tissue infection, sepsis, pneumonia and 63% higher mortality risk in dialysis patients compared to general population are demonstrated [46]. In addition to surgical problems, chemotherapy is also difficult. Many drug programs are not available to patients with impaired renal function in predialysis period or even in the initial CKD stages. The available medicines require dose adjustment appropriate to eGFR, which carries the risk of giving too little or too much drug. The influence of modern oncological therapies on the kidneys is also important. It may affect both a deterioration their function and cause a new disease in them. Patients on dialysis with cancer are treated essential as well as the general population, doses of chemotherapeutic agents need additional adjustment, taking into account their removal during dialysis procedures. However, there is still no convincing data on the oncological treatment results in this group of patients.

#### CONCLUSION

Cancer significantly reduce survival in the general population and somewhat in the dialysis patient population. There are more common than in the general population. In this group of patients may occur any cancer, however, urinary tract cancers have a significant advantage. There is still a discussion about the screening problem in dialysis patients. It is calculated that the expected benefit of such costly proceedings is to extend life by a maximum of 5 days and reduce the ESKD mortality rate by 0.02 percent [47-48]. Most of the studies in this topic, however, ended about 10 years ago and today this data may be unreliable, especially, mortality in the dialyzed patient group is today reduced (2001-2016 up to 29% reduction) [49]. Each case requires individual diagnosis and treatment. However, it appears that studies assessing the risk, benefits and costs of diagnostics for specific cancers are needed in large patient group. Screening procedures proposed by some researchers in the dialysis patients would only concern candidates for kidney transplantation and those whose estimated survival time is longer ten 10 year [33]. But there are no validated scoring systems to estimate the 10-year survival of dialysis patients (calculators for the general population are available online) which would greatly facilitate diagnostic and therapeutic decision. Although the data from years ago showed that a 20-year-old patient with kidney cancer and the estimated survival time of 25 years after cancer treatment will extend the life of about 1.6 years but a 58-year-old patient by only 4-5 days, there is no current data taking into account today's reality [50]. Screening for urinary tract cancer rather should be done regularly especially as the number of acquired kidney cysts increases as the time of dialysis increases and the cysts are the risk factor for kidney cancer. We also believe that screening in

the remaining groups of patients with reduced glomerular filtration in a predialysis period should be conducted as in the general population.

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